

Broader in Perspective and Performance...

Abhyasa...a place full of everything for those who experience it... but we, at Abhyasa believe that we can take more and more...we can do more... the result is that this year we have taken up the task of spreading Social Responsibility as our duty...

The task of Social Responsibility was accepted by the staff and students at Abhyasa to develop a broader outlook and better performance. In order to inculcate this sense of responsibility, this year Abhyasa has expanded the number of leaders on the campus, empowering more students to participate, perform and be a part of leadership training. There are totally 8 Managing committees namely Academic Management Committee, Games and Sports Management Committee, Campus Management Committee, ECA and Event Management Committee, Mess Management Committee, Discipline Management Committee, Spirituality & Environment Management Committee and Gramseva Management Committee which have Managers and Deputy Managers with all the students from Classes IX to XII as members. Following are the Reports for the I Semester from all the Student Management Committees:

Report by Mess Management Committee

This year's efforts for improvement :

- ❖ The quality of milk has been improved by 25-30 % compared to last year.
- ❖ Plain Horlicks which was provided to students has been replaced by Chocolate Horlicks.
- ❖ Quality of the Papad has been improved as in the earlier times, masala papad was provided.
- ❖ Till last year only 30 to 35 boxes of ice creams were brought for any occasion but this year it has been increased to 40 to 45 boxes.
- ❖ This year the special curries or any special items prepared were provided unlimited.
- ❖ Taste of the food has been improved by 10-15 % compared to last year.
- ❖ Because of continuous monitoring, wastage level of food has been decreased.
- ❖ Breakfast items such as Saboo dana khichdi , Alu Biryani , Sorba Khichdi which was not liked by most of the students, is not provided and hence the students are satisfied.
- ❖ Special items like Chinese fried rice, Cabbage fry curry etc. is been provided sometimes during normal times.
- ❖ Now a days menu has been checked everyday and also prepared for special occasions by the students.
- ❖ The Students opinion is taken in books of record.
- ❖ A board has been put up in dining hall for the students to write their opinion freely and openly.

Managers: **Linesh Pobaru**
Raghav Prakash

Gram Seva Management Committee Report

Art of Living

A Workshop was organised by Gramseva members at Abhyasa for the betterment of the people at Toopran. We had experts from Art of Living Foundation coming from Hyderabad to conduct this workshop.

It was a 3 day workshop on 8th, 9th and 10th of July. We personally went and invited the locals. We even provided them transportation facility. The villagers were taught Bhajans, Meditation, Yoga and the easy ways to over come their problems.

Overall, the whole program helped many people to improve their way of living.

Medical Camp

On 18th of July Medical camp was conducted by Abhyasa for the people of Toopran. We had Doctors coming from Hyderabad to treat the patients. We had Dentists, Orthopedic, General Physicians, ENT's , Gynecologists etc. i.e. to help the patients. Thanks to the participation of Doctor Parents, the camp was a success. They were also provided medicines free of cost and also they were served Phulihora and sweets.



A glimpse of the Medical Camp organised by Abhyasa

It was very heart touching to see the doctors so concerned about the people. Totally about 700 patients were treated and free medicines were distributed for them.

Computer Classes

These classes are conducted for the future benefit of the youth of Toopran. They are conducted by Mr.Santosh, who is a computer expert and Abhyasa has provided three computers which are placed at Ambedkar Society Hall in Harijanwada at Toopran.

Distribution of Cloths to the Needy

Many students of Abhyasa collected all their old cloths for distribution. They were given away to the poor people in the Toopran village. This was conducted on 15th of September 2008.

Bal Vikas Classes

These classes are conducted, to make the children of Harijanwada more aware, to inculcate values and to develop a sense of moral responsibility among them. They are being conducted by the Teacher coordinator for Gram Seva Mrs.Sita Rukmini.

They are conducted on every Sunday between 4:30 to 5:30 pm. Children are showing interest in these classes as they were taught prayers apart from narration of interesting stories.

Manager: Vishnu Sprujan

Sports Management Committee Report

Aims & Objectives

- ❖ To make all the students fit and healthy by the end of the year.
- ❖ To help the students to enjoy the games time.

Introduction

This Sports department was started on 19th of April 2008 with Sai Akhilesh Sharma as the Manager and Swapnil Amri & N.Ram as Deputy Managers along with many other volunteers from 9th to 12th classes.

With the help and coordination among everyone we brought about a great change in the overall scenario. Many tournaments were also conducted and students had a lot of opportunities to participate.

Improvement in Sports

With the target set by us, we started working from day one. Every volunteer was told to take up the attendance for yoga and games.

We had to ensure that all girls & boys did their warm up properly and went to play their specific games.

There were new equipments brought for swimming, soccer, cricket, tennis etc. Everything is being managed by the students themselves with the help of Physical Education Teachers.

Improvement in Yoga

Yoga, the most essential activity for our life is taken care by Games and Sports Management Committee. We had analyzed the major problems during yoga.

The major problems faced are:-

- Students not reporting on time for yoga.
- Not concentrating during yoga.
- Lack of Interest among a few.

Solution :-

- We explained the students, the importance of yoga, with the support of our yoga teachers.
- We also started monitoring the attendance and participation on a daily basis.

Introduction to the Medals Tally

Abhyasa was at its best in the Regional ICSE & ISC Swimming and Basket ball Meets, held at MCH Swimming pool and Ramadevi Public School, respectively.

Abhyasa achieved highest ever Medal tally totaling to 38 medals in Swimming Competition. Kudos to the efforts and skill of our new swimming coach Mr.Anup Kumar. In the Regional Level Basket Ball tournament, the School ISC team secured the 2nd position.

Apart from the above 13 Abhyasa students for Swimming and 5 participants for Basketball have made it to the teams representing Andhra Pradesh at the National level competitions to be held at Allahabad on 2nd to 4th October 2008.

MEDALS

Medals for ICSE & ISC swimming

Senior Boys

S.No.	Names	Medal	Event
1.	Ashwin Agarwal	Silver Silver	100m Backstroke 50m Backstroke
2.	Badrinath M.	Gold Gold Gold Gold	100m Free style 50m Butterfly 4x100m Relay 50m Freestyle
3.	Gautam Atheeth	Bronze	50m Breast stroke
4.	Karthik M.	Gold	100m Butterfly
5.	Nihal Gupta	Gold Gold Gold Silver	100m Breast stroke 100m Butterfly 4x100m Relay 50m Butterfly
6.	Priyank B. Shah	Silver	100m Freestyle
7.	Akhilesh Sharma	Gold Silver Silver	4x100m Relay 100m Butterfly 100m Breast stroke
8.	Salman Abdul Rehman	Gold Gold Gold Silver	4x100m Relay 100m Backstroke 50m Backstroke 50m Freestyle

Junior Girls

S.No.	Names	Medal	Event
1.	Apoorvi B. Shah	Gold Silver Bronze Bronze	4x100m Relay 50m Freestyle 50m Backstroke 100m Backstroke
2.	Palak Saboo	Gold	4x100m Relay
3.	Suchitra	Gold Silver	4x100m Relay 50m Butterfly
4.	Yugandhara	Gold Gold Bronze	4x100m Relay 100m Butterfly 50m Breast stroke

Junior Boys

S.No.	Names	Medal	Event
1.	Aniket	Gold	4x100m Relay
2.	Darshan H.	Gold Bronze	4x100m Relay 100m Butterfly
3.	Rishav Ch.	Gold Bronze	4x100m Relay 50m Butterfly
4.	Ritam Baruah	Gold Gold Silver	4x100m Relay 50m Breast stroke 100m Breast stroke

NATIONAL PARTICIPANTS**Swimming :**

S.No.	Names	Event
1.	Ashwin Agarwal	100m Back Stroke 50m Back Stroke
2.	Badrinath	100m FreeStyle 50m Butterfly 50m Freestyle 4x100m Relay
3.	Nihal Gupta	50m Breast Stroke 50m Butterfly 100m Breast Stroke
4.	Priyank.B.Shah	100m Freestyle
5.	Akhilesh Sharma	100m Butterfiy 100m Breast Stroke

6.	Salman Abdul Rehman	100m Back stroke 50m Back Stroke 50m Freestyle 4x100m Relay
7.	Darshan.H	100m Butterfly
8.	Rishav.Ch.	50m Butterfly
9.	Ritam Baruah	100m Breast Stroke 50m Breast Stroke
10.	Yugandhra	100m Butterfly
11.	Suchitra	50m Butterfly
12.	Apoorvi.B.Shah	50m Freestyle 4x100m Relay
13.	M. Kartheek	100m Butterfly

Basket Ball

ISC

1. Uday Vora of Class XII
2. Ashay Kadu of Class XI
3. Suraj Namlewar of Class XII

ICSE

1. Swapnil Amri of Class X
2. Kranti.M of Class X

Golden Mile Run

Conducted by Hyderabad District Athletic Association, at N.T.R Gardens on 13th July 2008, in collaboration with Athletic Coaching Academy, Hyderabad, the event was aimed at developing consciousness towards Physical fitness. There were about totally 30 participants from Abhyasa from Classes VII to XII. Out of the total number of participants of 2500 Abhyasa students won the following places, with all the other participants standing below the position of 50:

- R. Yasashwini - 7th Place
- Monica .P - 15th Place

Table Tennis

Abhyasa Participated in two different Table Tennis Tournaments in the first semester. The first one was between 3rd July to 6th July 2008 conducted by St.Pauls Academy and the second one was conducted by Andhra Pradesh Table Tennis Academy at Victory play ground, Hyderabad, from 15th August to 18th August 2008.

- Mitesh Agarwal qualified for quarter finals and stood 16th in state ranking.

Volley Ball

This was conducted at Mushirabad play grounds by the Hyderabad Volley Ball Association between 22ND July and 28th July 2008 Abhyasa students not only marched till the Quarterfinals stage in their debut participation, but also got the Best March Past Contingent of the Tournament Award.

Chess

In the Open Chess Championship conducted between August 8th and 15th for different categories by YMCA, Shivanand Sagar of class X of Abhyasa has won the Championship in the under-16 category.

Many Others...

Abhyasa also participated in Shastry Socar Club Inter college Foot Ball Tournament, Inter School Shuttle Badminton Tournament conducted by Ranga Reddy Dist. Association, Independence Day Tennis Tournament conducted by YMCA, Grater Hyderabad, St.Patricks Basket Ball Tournament and YMCA Basket Ball Tournament where the Abhyasa Team reached till quarter finals, which gave them exposure and experience . There was also a Gully Cricket Match held on the Campus between the Abhyasa Cricket Team and the local Toopran Cricket team which was won by the Abhyasa team.

Manager: Sai Akhilesh Sharma

Campus Management Committee Report

Campus Management group spreading its wings into dormitories and on to the roads of the Campus, strives to create a sense of belongingness amongst each individual on the campus. It works towards Electricity conservation and minimum use of water and to segregate the waste with the help of National Green Corps.

We also took Steps to make the students realize the importance of maintaining the Schools infrastructure and other facilities provided.

Steps have also been taken to make the students realize the importance and necessity of cleanliness and neatness on the campus, even during Parents Visit Days.

For the information of all the parents the Campus Housekeeping is presently maintained by Nipoon Housekeeping Services, a private company.

The Highlights of this year are :

- a) The Front Office of the Administrative Block is completely renovated and it presently wears a new and modern look with posh furniture and infrastructure. Thanks to the up to date awareness and initiative of our Principal Mr.Vinayak
- b) With the efforts of our beloved President Mr.K.Rangadas, the father of our Principal, the Football ground will see no more of infiltration by the local villagers and is completely protected by a newly built boundary wall.
- c) The most interesting addition to the Campus is the New Staff Quarters with granite flooring and all the possible amenities for a comfortable living. The credit again goes to our beloved President, Mr.Rangadas.
- d) We are also renovating the cricket pitch to meet the existing standards. But for the incessant rains, the pitch should have been ready by now.

Manager: Salman Abdul Rehman

Spirituality Management Committee Report

Our friends are introduced to a new concept of two acts of kindness a day, to develop sharing and caring amongst each other. The committee also introduced night prayer before going to sleep. 'Anando Bramaha', a laughing activity in the Yoga class is made compulsory everyday. A time of five minutes is spent everyday in the Yoga class doing meditation.

We have taken up a project which deals with spreading awareness about the environment. The usage of eco friendly material has been introduced and our goal is to make Abhyasa a 100% waste free region

Dy. Manager: KRITI AGARWAL

Discipline Management Committee Report

Efforts were made to make the students punctual and realize the value of time. Generally, the names of late comers are noted down and also displayed for the knowledge of the parents during the Parent Visit Days. The time sense that the students have developed, helped them to complete their works on time. Efforts are also being made to reduce the noise levels in the dinning hall by playing some music during the sessions.

To develop overall presentability, the students are motivated to be well groomed and dress up neatly, which also resulted in achiving Best Dressed School in the Horlicks Competition.

Manager: Viraj Desai

ECA and Event Management Committee Report

Life Skill Classes for classes IV to VII:

These classes are conducted by an external organization called Young Buzz from Mumbai. Life skill classes are introduced to make the children aware of the General problems that they face and realize the solutions for those problems. Life skills will help the child to become more aware of himself or herself , to stand on a stronger platform and to eliminate any future blocks in Personality Development. The topics discussed are as follows:

Class IV

- A) Cleanliness of the Class
- B) No Enmity
- C) Studying Habits

Class V

- A) Friends
- B) Reading Habits
- C) Team Work

Class VI

- A) Creativity
- B) Care and Empathy

Class VII

- A) Exam Anxiety
- B) Communication Skills
- C) Learning Styles.

Managerial Training

This is a monthly training, given to classes VIII to XII students on the Campus for a better Management of issues they face in their life. This training is provided by Management trainers from the Institute for Success Awareness and Initiative from Hyderabad. The topics are as follows :

- 1) Communication: Communication is nothing but 39% Body language, 7% the language that we use and 54 % the Attitude that we put up – is the lesson the students have learnt. It is understood by the students that there are different styles of communication and they also learnt the norms to be followed during story telling and normal reading. This also enhanced the reporting skills of the students.
- 2) Emotional Intelligence: Emotional Intelligence is the ability to monitor ones own and other's feelings and make a distinction between the two. The students are also taught, how, by using the information of distinction between both the feelings, to guide ones own thinking and actions. The class also had an activity of listing out positives and negatives to realize ones own strengths and weaknesses.
- 3) Time Management: This session trained the students to plan their activities intricately to make best use of the time available and to perform better.

Breaking the ICE

'First impression is the Best Impression', so goes the saying. To create that best impression, the Fresher's at Abhyasa were treated with a fun filled entertainment programme. Every new student was given a friend and they were tied a friendship Band as a welcome gesture on their arrival. In the evening some fun games were organized for the fresher's. The game which they liked the most is the Gulabjamun race in which a student has to carry a spoon with Gulabjamun by mouth and reach the finish line without dropping the jamun. Another interesting game which they enjoyed was a Brinjol game. The participant must pick up one brinjol at a time by mouth from a bucket of brinjols soaked in water to dump it in another tub. The maximum picker in a shortest time is the winner. A dance of two partners each on a paper was organized where the one who steps out of the paper is out of the game. The game gets more complicated in the later stages as the paper becomes smaller and smaller. Later they had Tug of war.



WELCOME INTO OUR NEW HOME - ABHYASA : Abhyasa's way of Welcoming New Students.

Investiture Ceremony:

This year's investiture ceremony on 21st of June along with the birthday of Abhyasa, had the maximum number of student leaders invested with powers, in the history of Abhyasa. The day started with celebrations of Abhyasa's birthday which included speeches and cake cutting. In the evening we had Lt. Col. Dr. Bhaskar Reddy, Head, EMRI as the Chief Guest, who gave away badges and ID cards to all the Managers and Members of all the 8 Managing committees and the captains of both the Houses, SHIVA and SAKTI. The programme oath taking by all the Managers and captains, apart from speeches by the Principal and the Chief Guest. The day ended on an exciting note when the whole school danced to the fast tunes played by the performers from Humming Birds Musical Institute, Hyderabad.



A Journey begins.... Master Uday Vora, the School Captain receiving the School Flag.



I swear in the name of God.... School captains and house captains for the year 2008-09

Visit by Foreign Delegates:

A group of Teachers from Schools of United Kingdom led by Mr. Di Jones along with members of Centre for British Teachers visited Abhyasa on 24th June, 2008. They were on a visit to study the Educational System in India and Abhyasa was also selected for their study. Abhyasa chose to present FESTIVALS OF INDIA in a Ballet form, apart from showcasing infrastructure, academic systems and an exhibition depicting Indian Culture. The visitors not only enjoyed the programme presented by all the students but also appreciated the



Melting pot of Indian culture glorified (The delegation from U.K.)

friendliness of all the students and staff. They witnessed the Ballet which presented the Festivals such as Ganesh Chaurthi from Maharashtra, Onam from Kerala, Durga Pooja from Eastern region and Holi from the North. The traditions involved in all these festivals along with food items and gift articles created by Abhyasa students were a Feast to eyes. They were so impressed that they extended an invitation to 10 Abhyasites to participate in the WORLD PEACE conference to be held on 16th and 17th of October, 2008 at London.



Sparkles & Smiles - Diwali for the delegation



INCREDIBLE INDIA! A colourful memoir for the delegation.

Birthday of Dr. Prasad

Abhyasa students celebrated the Birthday of their beloved Vice Principal on 28th June. The celebrations started during the Morning Assembly when he was escorted by students and school band. The day went on normal till evening when a Cultural Programme filled with songs, dances and fun games was organized by the students of Class IX. The programme ended on a joyous note for all with Mrs. Veena, Mr. Sashtry and Dr. Prasad dancing on the stage along with the students.

Mrs. Veena's Birthday, 6th July

On this very day we had celebrated B'day of our beloved Dean of languages, Mrs. Veena Venugopal. The program was organized by class VIII with the help of all the managers. Group dances, ramp shows, greeting card presentations, most importantly cheers by 400 students filled the day with Fun and Frolic. As usual Principal, Mr. Vinayak, made a special appearance in the middle of the program. The program ended with the teachers and students dancing together on the stage.

Guru Poornima

Guru Poornima on 18th of July started with morning Assembly where all the teachers were felicitated. The evening gave a memorable experience to all the students of Abhyasa where about 200 youth from the Toopran Village came to participate in a Sports Meet conducted on the Campus. There were variety of competitions from Volley ball to Running races to throws and jumps and fun games. The programme began with Mr.Shastry, Dean of Academics (Sciences) and Dr.Prasad, Vice Principal doing Padapuja and Abhishekam to silver feet of Guru of Gurus, Bhagwan Sri Sathya Sai Baba and ended with Prize distribution for all the winners. The day closed with a dinner which was served by all the staff and students to all the 200 guests from Toopran village.



One... two... three... go ... Its the for Villagers day out.

Three Experiences on 3rd August:

The 3rd of August was an important day as it once again proved the Abhyasa's faith in Social Responsibility. The day had Three events.

1) The alumni of Sri Sathya Sai University, Prasanthi Nilayam, conducted a training programme called 'Sai Patham' on the Abhyasa campus for the youth of Medak district to bring them more close to Community Service and Social Responsibility. The meeting was attended by nearly about 200 youth who underwent a whole days training, which also had some Management games. The Chief Guest for the function was Mrs.J.Geeta Reddy, Hon'able Minister for Major Industries and Sugar, who along with the other dignitaries inspired the youth.



Following the divine Master's Footsteps ... Sai Patham - Sai Youth Forum being addressed by Abhyasa's Principal - Mr.Vinayak Kalletla, in the presence of the august gathering at the inaugural Ceremoney.



Hon'ble Minister Dr.Mrs.Geeta Reddy participating in the Vanmahotsav Programme at Abhyasa

2) The Environment Conscious Abhyasa, had planned on that day, Vanamahotsav, a Special Tree Plantation Programme. The aim was to develop an avenue of trees along the roads of Toopran. The programme was inaugurated by Mrs.J.Geeta Reddy. Later, the students continued plantation on both sides of the roads leading to Abhyasa campus. Totally about 600 plants of different varieties such as Gooseberry, Neam, Tamarind etc., were brought and in the very near future they will grow to be trees providing shade and cool breeze. The efforts of the Gram Seva Management group and support of Mr.Srinivas, father of Kranthi of class X is commendable.

3) The day also happens to be the Friendship Day. This year it was celebrated with a different touch. All Abhyasites are already friends to each other, hence, they invited friends from outside and these friends were Visually Challenged persons from Sunetra Blind School at Ibrahimpatnam. They received a warm and traditional welcome from the students of Abhyasa. Later the Visually Challenged students, entertained the Abhyasa students with a Music concert and dance programme. The Group Dance performance was mind boggling, as they moved



Friends from Sunetra School, performing for Abhyasites on Friendship Day

from place to place without dashing each other, through they cannot see. Everybody, was amazed at the talents exhibited by the Visually Challenged Students. Abhyasa students learnt that: "will is unstoppable."

Independence Day

This was a day with difference. We woke up at 6'o clock got ready and assembled in front of the main office for the Independence day celebrations. The programme started with Flag hoisting followed by patriotic songs by students and our principal Mr.Vinayak's speech. The day was different because a whole day's trek was planned. After receiving chocolates, we started

moving for the trekking spot. All the children, except for a few lazy ones, explored the whole area climbing the trees and boulders. The strict vigil maintained by the Physical Education Teachers, allowed the students to take a look at the lake, only from a little far distance. Nobody was allowed to go into the lake. The lunch prepared at the venue had all special dishes including the Hyderabad Biryani made by our Principal. After Lunch the Wiz Kids selections for Horlicks competitions were held. Later in the day everybody enjoyed special games and snacks. All the students returned to campus by 7.00 pm. Exhausted due to joy and jumping around everybody had a quick wash and dinner and hit the sacks.

Rakhi Poornima

Rakhi Poornima on the 16th of August was celebrated on the Campus with all the Behans tying Rakhis to their Bhaiyas. The ceremony began with Mrs.Veena tying the Rakhi to Mr.Vinayak. Sweets, songs and speeches filled the programme for the day.

Krishnajanmashtami

On 24th August with the beginning of the II Cycle Tests, Krishnajanmashtami celebrations also had to begun. As the children were busy preparing for exams, teachers jumped into action singing bhajans and explaining the importance of Krishnajanmashtami. A Short movie on Lord Krishna's Life was also shown.

Horlicks Wiz Kids

Horlicks WIZ KIDS Activity, Asias largest, inter school fiesta is one of the most awaited competitions. In fact, it offers two of the most fun filled days of schooling experience. The vibrations from the speakers, blazing music, the screaming crowd, pompons waving in the air have become familiar to Abhyasites since we have been a regular and major participating school in the past few years. In this academic year of 2008, at Sri Sathya Sai Nigamagamam the venue for "HORLICKS", once again saw a 150 strong battalion from Abhyasa on 29th & 30th of August, to put in their best for everything, including cheering which pumped up our competitive spirit. At the end of two long days, when the results were announced all the hard work we put into practicing for our respective activities had paid off. We had secured a decent number of prizes to compete in the run for Horlicks championship as expected... to add to our frenzy, we won the "best dressed school" award making it the third time in a row and we even scored a hatric in winning "Best placards" award. The fusion dance with Ballet, Bharatnatyam, folk on the tune Mukunda Mukunda... also won the first Prize. The time for declaring the champions had arrived... We waited with bated breath, so did the whole of the auditorium... the clock ticked as our hearts thumbed... we ended as Runners up. It was with a disappointment that we digested this news as we had expected to be on the highest rung on the ladder, but that definitely didn't dampen our spirit because, we vowed to go back next year ... STRONGER, TALLER, SHARPER !!!

ACHIEVEMENTS AT HORLICKS WIZ KIDS - 2008

Sl.No.	Name	Event	Position
1	Divya Sree	Face Painting	Second
2	Santan B	Fusion Dance	First
3	Badrinath M	Fusion Dance	First
4	Karthik M	Fusion Dance	First
5	Raghava Reddy	Fusion Dance	First
6	Mayukh Gandhi	Fusion Dance	First

7	Raja Ashutosh. B	Fusion Dance	First
8	Pranay M	Fusion Dance	First
9	Jay	Fusion Dance	First
10	Sawan Yadaw	Fusion Dance	First
11	Gaurav Rathod	Fusion Dance	First
12	Badrinath	Fusion Dance	First
13	Anil sreenath	Fusion Dance	First
14	Avneet. Singh	Fusion Dance	First
15	Adityan	Fusion Dance	First
16	Sushumna .I	Fusion Dance	First
17	Trisha Reddy	Fusion Dance	First
18	Shivangi. Modi	Fusion Dance	First
19	Apoorvi.Bharat.Shah	Fusion Dance	First
20	Samiksha .CH	Fusion Dance	First
21	Yughandara	Fusion Dance	First
22	Rishya	Fusion Dance	First
23	Yaseswini	Fusion Dance	First
24	Vaishnavi	Fusion Dance	First
25	Suhaani	Fusion Dance	First
26	Divya	Fusion Dance	First
27	Manaswini	Fusion Dance	First
28	Lohitha	Fusion Dance	First
29	Phalguni	Fusion Dance	First
30	Amulya	Fusion Dance	First
31	Mamtha	Fusion Dance	First
32	Sunaina	Fusion Dance	First
33	Pratyusha	Fusion Dance	First
34	Kruthika	Fusion Dance	First
35	Bharka	Fusion Dance	First
36	Shrungala	Fusion Dance	First
37	Anjali	Fusion Dance	First
38	Suchitra	Fusion Dance	First
39	Krithi Agarwal	Mehendi	First
40	Ayush Bhattad	Sudoku	First
41	Deep Adatiya	Sudoku	First
42	Anmol Israni	Sudoku	First
43	Nihal Gupta	WIZ Actor of the Year	First
44	Nihal .Gupta	Dumb Charades	Second

45	Sai Akhilesh	Dumb Charades	Second
46	Ashwin.Agarwal	Dumb Charades	Second
47	Bhavani	Regional Essay 'A'	Second
48	E Sanjay	Regional Essay 'C'	Second
49	Jai Kishan Hemrajani	Wiz Radio Jackey of the Year	Second
50	Abhinay Vyas	Air Crash	Second
51	Badrinath M	Regional Essay 'A'	Third
52	Akash Deshmukh	English Essay	Second

Ganesh Chaturthi

On the 3rd of September, Ganesh Chaturthi was celebrated amidst the bhajans and vidic chantings. In the morning most of the students spent their time in preparing Eco-friendly, pure mud Ganeshas. The Ganeshas of different shapes and sizes were prepared and the competition was won by class VII among the Junior category and class IX among the Senior category. All these Ganeshas were immersed on 7th of September in the Toopran lake amidst chants of Ganapati pappa moriya, dances, bhajans and vedic chanting. Many parents also joined the procession making it a huge success.



Ganapati Bappa Moreya... Eco-friendly Ganesh idols made indigenously by nimble fingers at Abhyasa, being installed by the founder Principal, Mr.Vinayak



Jai Bolo Shree Ganesh Maharaj Ki... bidding farewell to the God

Teachers Day

5th of September, the Teachers day was celebrated in a pure traditional fashion by all, despite the busy schedule of film shooting on the campus 'The Journey from Me to We'. The TV 9 crew was so touched by the continuity of Indian traditional culture at Abhyasa, they came all the way to Toopran to shoot the PADA PUJA ceremony. Abhyasa continues the tradition of the students washing the feet of their Gurus expressing their respect for them. Same was done on this day also which was telecast by the TV9. In the evening of 5th September the students organized a special entertainment programme for all the staff... of course, it had the modern fervor of the present day youth.

Mr. Vinayak's Birthday

The most awaited event of the year 'Vinayak Sir's Birthday' was conducted by the 'Ananta' batch. The starting was mind blowing. When Vinayak Sir came out of the room he was very pleased to see the love and affection of his children, shown towards him. He had a camel ride. He looked like an Arabian King ... sorry a cow boy on a camel. He got down near the temple. He took the blessings of God and when he came out of the temple everyone started dancing.

The most memorable evening of the year for 9th class because, it was the day to release their batch name. The program started with a dance by Ananta girls. 30 minutes was given for 9th class to release their batch name. They performed a dance and rampwalk. Their batch name is 'ADVITIYA' . They are called the Advits. The program ended in a marvelous manner. Everyone interested came on to the stage and danced with the 'Birthday boy', our beloved princi.

HAPPY BIRTHDAY PAPA... FOUNDER 'PRINCI'S' BIRTHDAY BONANZA



Special Celebrations:

14TH September was a Special Day for all the achievers at Abhyasa. A long stint of competitions from Horlicks Activity to all the events conducted by the Association of ISC and ICSE Schools, A.P.Region, at Hyderabad – is celebrated on that day with the Principal Mr.Vinayak felicitating all the achievers. All the achievers were felicitated with flowers and Shawls or other gifts along with the Certificates. The School Captain, Vice Captains and the Managers of different Management Committees were also commended for their untiring efforts to keep up the name of Abhyasa. The staff members behind all these achievements were also felicitated. The Presentation Ceremony was followed by a short talk by the Principal and special dinner.



Flowerly appreciation



Captains & Managers with Principal & Vice-Principal

Competitions by Association of I.C.S.E. Schools :

2008-09 is the 50th year of the Council for Indian School Certificate Examinations. In celebration of this, the Association of ICSE and ISC Schools, A.P.Region, has planned a series of competitions between 19th and 31st August. The competitions included Declamation, Debate, Creative Writing, Quiz and Painting. These competitions were conducted in two levels –Juniors consisting of students up to class X and Seniors from classes XI and XII.

The Abhyasa students made their presence felt wherever they went. Following are the achievements in these competitions:

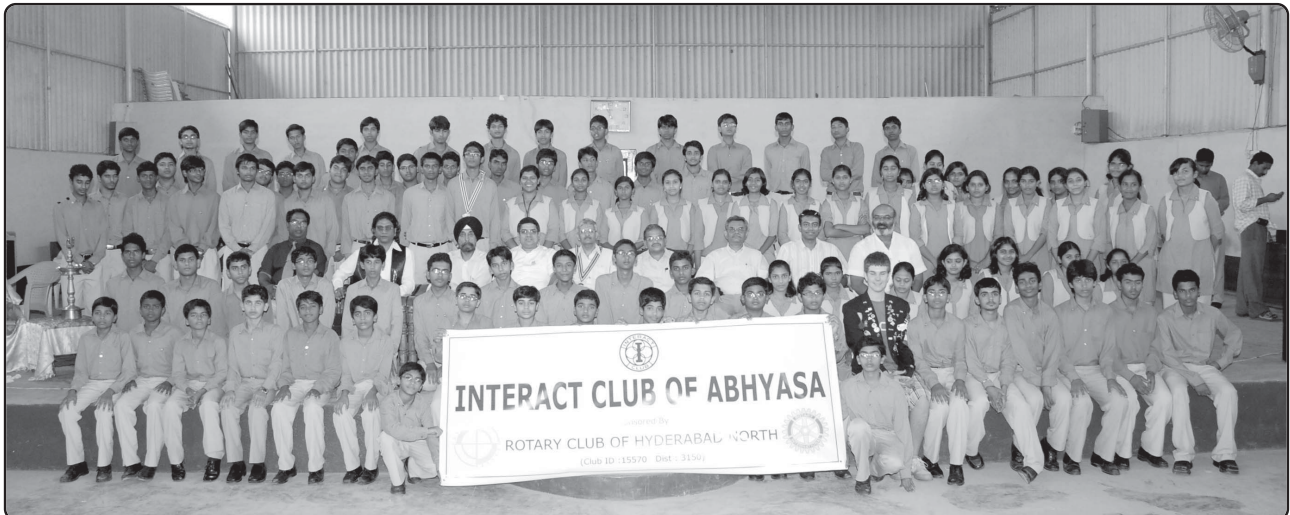
- A) Master Abhinay Vyas of Class X dressed as Pandit Jawahar Lal Nehru delivered Pandiji's Independence Day speech which won **SECOND** place for him. He is going to represent Andhra Pradesh at the National Level, at Hoogly, West Bengal.
- B) In the Creative Writing Competition, Master Diwakar Raju of class XII won the **THIRD** prize.
- C) The trio of Painters from Abhyasa consisting of Miss.M.Divya and Master M.Karthik of Class XII and Master Aakash Deshmukh of class XI won the **SECOND** prize.

Interact – Making different to our Lives

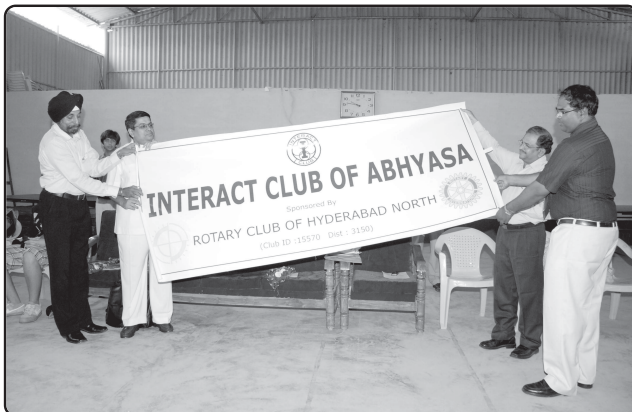
“I will speak to youth which can accomplish everything precisely because it accepts no past, obey as no present and fears no future.” – Rudyard Kipling

To turn these words into reality “ROTARY INTERNATIONAL” has tied up with Abhyasa to bring about International exposure to Abhyasa student leaders.

Rotary Club’s relation with Abhyasa started with an Essay Writing competition conducted in the month of March 2008, where, needless to say that Abhyasa bagged most of the prizes.



20.9.2008 -Proud and Historic Moment - the First Office Bearers of the INTERACT



Abhyasa goes Global



New Step towards Perfection

At the prize distribution ceremony on 2nd August 2008, the announcement to start an Interact Club at Abhyasa was made. The over whelming response resulted in the total membership of 99 who also underwent an orientation programme of Interact Club on 13th September 2008.

20th September 2008, was scripted in golden letters in the history of Abhyasa. “The Interact club of Abhyasa” came into existence which is registered as 15570 (Club ID) under Dist 3150 which is sponsored by the Rotary Club Hyderabad North. The chief guest for the programme was Dist. Governor Rotarian C Suresh, Dist. Chair (Interact Club) , Rotarian Gurmit Singh and other dignitaries from Rotary Club of Hyderabad North.

The banner of Interact Club was unfurled and office bearers were sworn-in with the members of the club. The Office bearers include Master Diwakar Raju of class XII as President, Master Ashwin Kumar Agarwal as Vice President, Master Sai Akhilesh Sharma of class XII as Secretary, Master Mangesh Joshi of class X as Treasurer and Miss Rishya Sunandika of class IX as Sergeant of Arms.

The Board of directors include Miss Udaya Raga of class XI, Miss Tanvee Sonawane of class X, Master Nihal Gupta of class XII and Master Raghava Reddy of class XII. All the interactors were felicitated with membership certificates and Interact Club pins. Abhyasa would like to thank wholeheartedly Mr. Chandrasekharan and Rotary Club of Hyderabad, North for the support to bring up the Interact Club of the Abhyasa and it would also see to it that Rotary Club is introduced in Toopran by the end of this year as part of its community service programme.

This is another proof to say that Abhyasa is going global.

“Lokaha Samastha Sukhino Bhavanthu”.

Mini Programmes:

Apart from the above there were many mini programmes conducted on the campus like Father's day, Doctor's day, World Population Day, World Senior Citizen's day, Sanskrit Day, Photography Day etc. These days had talks explaining about their importance and other activities such as Community service and visit to the Old Age Home.

Managers : MEHUL HINDOCHA, CHIRAG SACHDEVA

FIRST YOUTH ASSEMBLY OF HYDERABAD

'Celebrating Service' as its motto the First Youth Assembly of Hyderabad was held on 12th and 13th of September 2008 at Sri Satya Sai Nigamagamam under the banners of Abhyasa Residential Public School and Passionate, the NGO. The Youth Assembly had eminent guest speakers such as Mrs. J Geetha Reddy, Hon'ble Minister for Major Industries and Sugar; Smt. J Jamuna, Cini Artist and former Member of Lok Sabha; Ms. Karuna Gopal, President Foundation for Futuristic Cities; Mr.Tapan, Art of Living; Dr.Jaya Prakash Narayan Founder Lok Satta; Amala Akkineni, Founder Secretary Blue Cross Society of Hyderabad ; Mrs. FaridaTampal , Director-World Wildlife Fund, AP Region, Mr.Syed Sultan Ahmed, Founder – S S EdutainmentPvt. Ltd.,Bangalore , Shri R Prabhakar Rao, Retd. DGP of Andhra Pradesh and Vinayak Kalletla, Founder Principal Abhyasa Residential Public School, who inspired all the young minds who attended the Assembly. In the Assembly a few people who achieved success in their lives at their own levels were also presented. One among them was Naga Naresh K who lost both the legs as a child but went on to become an IITian using his grit and determination. In the afternoon of second day Mr.Sayed Sultan churned all the young minds sitting in the hall to make them think and decide to make a difference in the world. He guided them to set a goal for themselves to help somebody at some possible level. The session ended with a movie produced by Mr.Vinayak K entitled 'The Journey from Me to We'. The response of the youth is so positive that it appeared that the world in future is going to change for better.

For details of Youth Assembly visit: www.youthassemblyofhyd.org

Hope you have enjoyed the journey through BROADER PROSPECTIVE AND PERFORMANCE... This journey depicts how Abhyasa strives to go all out to train all her students, leaving no stone un turned at any given point of time. We would also like to thank all those parents who stood as support to run and strengthen the system at Abhyasa.

Sharad Saurabh

4th of October, 2008 is the day of the little ones at Abhyasa as it is the day for Sharad Saurabh, the Primary Concert. This year's theme for the programme is 'BE ALERT and BE AWARE' . The Abhyasa training aims to make the children more alert and aware so that their thinking can be tough, speech straight and the act apt.

Like every year we at Abhyasa, are sure that you will enjoy this short and sweet programme on the Campus.

HAVE A HAPPY VACATION WITH YOUR CHILDREN AT HOME...

Vice-Principal: **Dr. P. PRASAD RAO**

Vibrant Vibes from Katya's Korner

The year started on a jubilant note with the Class X (ICSE) and XII (ISC) - 2008. Students doing their Alma Mater proud by scoring well. Unlike many other schools, Abhyasa does not filter the students in Class IX and XI for the sake of results. We believe in motivating students to compete with themselves and reach greater heights. The following students feature in the overall and subject – wise toppers list of the ICSE and ISC 2008 Exams.

ICSE Subject Toppers

S.No.	Name of the Student	Subject	Marks (%)
1	Anmol Engandula	English	92
2	Ramanathan .P	English	92
3	Sharavan Chakravarthula	English	92
4	Harshin Lalpet	Hindi	97
5	Sharavan Chakravarthula	Telugu	95
6	Srujan Vanga	Environmental Education	88
7	Harshin Lalpet	History & Civics, Geography	92
8	Sarvesh Sundar Rajan	History & Civics, Geography	92
9	Sai Aashrith Vooturi	History & Civics, Geography	92
10	Sharavan Chakravarthula	History & Civics, Geography	92
11	Harshin Lalpet	Mathematics	92
12	Sai Srinivas Bhogavalli	Mathematics	92
13	Akash Ashok Gupta	Science	92
14	Harshin Lalpet	Science	92
15	Akash Ashok Gupta	Commercial Applications	86
16	Sai Srinivas Bhogavalli	Commercial Applications	86

ICSE School Toppers

S.No.	Name of the Student	Topper	%
1	Harshin Lalpet (Boy)	632	90.29
2	Tripthi Reddy Gaddam (Girl)	554	79.14

ISE School Toppers (Commerce)

S.No.	Name of the Student	Topper	%
1	Pradeep Raj Kuna	489	81.5
2	Sai Charan N	489	81.5

ISC School Topper (Science)

S.No.	Name of the Student	Topper	%
1	Chaitanya Mamidoju	420	84

ISC Subject Topper

S.No.	Name of the Student	Subject	Marks
1	M.R.S.K. Chaitanya (XII Com)	English	90
2	Niyanth Krishna Polisetty (XII Sci)	EED	90
3	Javia Jolin Rameshchandra	Maths	92
4	Javio Jolin Rameshchandra	Physics	83
5	Chaithanya Mamidoju	Chemistry	78
6	Ashish Rajesh Aggarwal	Biology	88
7	Abhishek Reddy Gaddam	Commerce	95
8	Sai Charan N	Commerce	95
9	Vashistha Gelivi	Commerce	95
10	Pradeep Raj Kuna	Accounts	78
11	Abishek Reddy Gaddam	Accounts	78
12	Sai Charan N	Accounts	78
13	Sameer Aditya Yarlagadda	Economics	90

All the best for the ICSE and ISC batches of 2009. May they reach greater heights!

New Trends at Katya's Korner

In the first term of academic year 2008-09, the tests and examinations were conducted very well. The new concept of cumulative portion for tests and exams for the senior classes was appreciated by every one - the students and parents, alike. This resulted in the students constantly keeping in touch with the syllabus, thus bidding good-bye to burning of the midnight oil. There a rise in the standard of the question papers. Teachers are working hard by preparing worksheets for students, which is proving helpful as written practice, for the examinations.

In order to inculcate time management in us, our teachers were very strict and asked us to submit the papers on time. They show no mercy to any tantrums thrown by us.

The students maintained discipline and decorum in the examination hall and took the test/examination seriously. We could see many students using the study room effectively. Many students could reach their target and the ones who could not, are being closely monitored by teachers who also conduct extra classes.

The students, who were not able to fare well, are asked to come for remedial classes during the evenings. Extra care and attention is being given for these students, by the concerned subject teachers.

We, the students are all geared up for the semester exams.

Ashwin Agarwal, Student Representative

Literary Fest-Abhyasa Does it again!!!

As the eventful and stormy first semester of the year 2008-09 is drawn to a close, Abhyasa witnessed many activities filled with lots of enthusiasm and excitement. One of them was the Literary Fest organized by Abhyasa on the 23rd of July, 2008, hosting 9 elite schools of the twin cities. The day was scheduled with hectic, fun-filled events, interspersed with cultural programmes by Abhyasities. The school was privileged to welcome Prof. S. Upendran, of the 'Know your English' Fame, reaching innumerable lovers of English through 'The Hindu', as the Chief Guest, Mrs.Helen Luke (Judge-English Section), Mr.Nageshwar Rao (Judge-Telugu Section) and Dr.Shyamala (Judge-Hindi Section).

There were a total of 9 events comprising 3 events in English - Debate, Jest A Minute (JAM) and Precis writing; 3 events in Hindi - Precis writing, Main Hun Kavi (Hindi Declamation), Elocution and 3 events in Telugu – Precis writing, Caption Contest and Literary quiz. As a good host, although Abhyasa didn't participate in any of the competitions, she won the hearts of all guests and participants, with her winsome behavior and service attitude. Beginning with the lighting of the inaugural lamp by the Chief Guest Prof.S.Upendran, Principal Mr.Vinayak Kalletla along with the other dignitaries followed by a splendid welcome dance, with a yummy lunch, till the thanks giving and honouring the guest, everything was unique and imbibed with a spirit of festivity. Not only had the Chief Guest eulogized the Fest, but also the eyes of all participants were conceived with gratitude, when they expressed their views about the events. Then the participants reluctantly bid fare well with 'Thank you' cards in their hands.



*Hmn --What shall we write?
--Students participating during the
inter-school photo caption contest
organised by Abhyasa at
the literary fest.*

*Chief Guest Prof. Upendran
lighting the lamp to mark the
inaugural of the
Inter-School literary fest.*



CfBT's ELP Continues

One of Abhyasa's outsourced projects the English Language Programme (ELP) is continuing for the third consecutive year by the Center for British Teachers Education (CfBT) Services. The faculty members of this institution provide outstanding service based on the needs of primary as well as senior school students, taking care of all the four skills of English language i.e., Listening, Speaking, Reading and Writing. Entering any Class Room, one can mark how students are engrossed in the activities set by the facilitators. It may be simple activities like using correct punctuation marks, learning misused words, short essay writing to develop grammatical correctness and flair in writing or it may be a role play to introduce new vocabulary, pronouncing tongue twisters or pick and speak activities, to help students speak better. Children participate in them with buoyant energy. The organization provides training for stress and intonation for proper pronunciation of words and sentences, writing limericks and organizes skits in the class room. The story does not end here; even the facilitators make students watch reformative movies, think and speak on global issues and capture students in camera when they speak.

Moving beyond languages only, it also conducts many mental flexibility quizzes to make students mentally alert and receptive.

Parent – Teacher Interaction

Abhyasa organizes one parent teacher interaction each semester to provide a common platform for the Management, teachers and parents, to interact with each other regarding all aspects of the teaching - learning process at Abhyasa.

This year, the first parent – teacher interaction was organized on Sunday, 7th September, 2008. The day was divided into two sessions; one between 9 am and 1 pm, and the other - between 2 pm and 4.30 pm.

The air was filled with an array of emotions. The parents had many queries which were answered patiently by the teachers. If the parents wanted more clarification, they approached the concerned authorities viz., the Principal, the Vice-Principal, School Advisor and the two Deans of Academics.

Finally, it was the case of 'All's well, that ends well' where every one was satisfied.

Olympiads by Science Olympiad Foundation

Science Olympiad Foundation, New Delhi conducts Cyber, Maths and Science Olympiads to assess the aptitude of the students in the above subjects across the classes. A detailed report with certificates and prizes are awarded to the participants. Synchronizing with the competitions at the national level, the students of VIII, IX and X at Abhyasa, participated in the 8th National Cyber Olympiad in the month of August 2008. Students enthusiastically took part in the Olympiad and the results for which they were eagerly waiting. The Olympiad consisted of questions based upon the computer language C++, many analytical and thought-provoking questions.

NSO (National Science Olympiad) and IMO (International Mathematics Olympiad) are due in the month of November & December 2008 for Classes VIII to XII.

Abhyasa Organises Book Fair

It was for the first time a book fair was held at Abhyasa on 27-7-2008. The fair was arranged on a grand scale. Approximately five thousand books were on display for sale from renowned publications and book store such as Scholastic, Penguin, Orient Longman 'Central Books', 'Ramakrishna Math' and Prism's Book Company also displayed their books for sale.

The books were of very good quality. Many people including teachers and parents came to buy the books. The books of scholastic publications attracted most of the students. Scholastic Books consisted of colourful story books, puzzles and Riddle Books, Books on Amazing Facts, Story Books etc., which are very interesting for the students. On the contrary, publications such as Orient Longman and others had books mainly related to various subjects. Many of them flocked around the Ramakrishna Math, stall which consisted of sayings of Vivekananda, Personality Development Books, Inspiring Books for Youth etc. Many students and parents also crowded the place where interesting novels and story books were displayed.

It was very interesting scene to see so many girls and boys tugging, pushing and grappling with each other for books.

Even though it was for the first time, there was a very good response from all the students and parents.

Every one enjoyed very much and it was a day full of learning and sharing.

NGC Report

In the beginning, the NGC soldiers have done a survey on the campus to check the amount of waste produced at different land marks of Abhyasa. We have noticed that the majority of wastage on the campus, was that of paper.

Next, we have done a survey on the energy usage at campus. This was done to check whether the energy resources are polluting or non-polluting. After intensive survey, we observed that there is a very less pollution on campus.

We have also visited the Tata Coffee industry which is located very near to Toopran. The aim and objective of the visit was mainly to find out the pollutants emitted by medium scale industries. The factory is mostly eco-friendly as it purifies the polluted air and disposes the waste in an eco-friendly way. It uses Diesel, Petrol in boilers which caused the most of the pollution.

We have visited the Sri Ram Sagar Project, Nizamabad; the dam is a very huge project. The dam produces energy through the kinetic energy of water, which rotates the turbines. The dam is non-polluting & is completely eco-friendly except rarely when they use diesel to rotate the turbines. When the water level is low. The dam has cut down many trees which have made many animals to migrate.

In order to create a clean Campus, we have put into practice the usage of three different dust-bins. They are Red for Plastic Waste, Blue for Wet Waste, and Green for Paper Waste.

There is effective usage of dustbin in all the places at campus. All the leaders are visiting the places to check the conditions and usage of dustbins.

We, along with Gram Seva Management have planted different trees along the Toopran main Road to provide shade for the travelers and make the mother earth a bit greener and healthier.

Future Plan we are going to take our NGC Rallies in Toopran to spread awareness about global warming and the correct usage of paper provided. We are going to provide them with many paper bags in which they could pack their goods.

We are also going to place a very large dustbin in which all the newspapers will be dumped and would be sent for recycling.

.... NGC Soldiers of Abhyasa

Asset Test Administered

Assessment of Scholastic skills through Educational Testing – Asset was conducted at Abhyasa on 4th, 5th & 6th of August. All the students from classes IV to X took up the test in English, Math and Science, and classes V & X also took up the test in Social Studies.

This test is conducted by **Educational Initiatives Pvt. Ltd.**, Ahmedabad.

The reason why Abhyasa chose to conduct this test is that, it is important that children learn with understanding and develop skills like problem-solving. It checks real understanding not merely recall. The test can provide a bench-marking with a large number of children across different types of schools and different types of regions. It can be doubly useful for determining specific actions to help the child improve.

ASSET is a diagnostic – not a competitive test; which means that it helps to find out strengths and weaknesses.

The detailed Assessment Report will be available sometime in November.



Field Trips conducted during the Period June to September 2008

Class	Subject	Date	Place of Visit	Details
XII	Economics, Commerce, Accounts.	5-3-2008	Daily Market – Toopran	Understand the factors affecting the demand of a commodity.
XI	Economics, Commerce, Accounts	18-6-2008	Sriram Nagar Colony – Toopran	Know the types of unemployment, causes of unemployment, causes of poverty, problems of unemployment, literacy level of different age groups.
IX, XI & XII	Economics, Commerce, Accounts & Commercial Applications	16-7-2008	Daily market – Toopran	Know about the working of sole proprietorship, starting of business, types of sole proprietorship, maintenance of books of accounts and the effects rise in petrol price on the price of commodities.
VII	History & Civics	8-8-2008	Toopran	Students understood the ways in which the Government is implementing the directive principles of state policy. By visiting drinking water supply, maintenance of civic supply facilities etc.
VI	History & Civics	12-8-2008	Village Panchayat of Toopran	Composition, functions, annual budget for a village panchayat.
V	Hindi	12-8-2008	Weekly Market - Toopran	Understand the meaning of the market, market conditions and names of the new products, develop the communication skills.
VI	Hindi	13-8-2008	Weekly Market - Toopran	Students interacted with the farmers to know their work on the field, problems, support from the Government and satisfaction level of the farmers. Methods of cultivation old and new. Students could realize the value of the farmers and their requirements, life style.
X	Economics, Commercial Applications	13-8-2008	Daily Market - Toopran	Know about the effect of inflation on the prices of the commodity and its effect on different cross section of people in the Society.

Class	Subject	Date	Place of Visit	Details
XI & XII	Economics, Commerce & Accounts	14-8-2008	State Bank of India & Andhra Bank - Toopran	Know about the functions of commercial Bank, procedure of opening bank accounts, e-banking facility and maintenance of accounts
VIII	Chemistry, EED and Maths	14-8-2008	Tata Coffee Factory, Narsapur	Students understood the various chemical processes involved in the extraction of coffee from coffee seeds. Students observed the pollution control methods adopted in industry and recycling effluents through water treatment plant. Students understood the ratio of the given human resource and machinery. They also found the proportion of work done per hour/day.
X	Economics, Commercial Applications & Maths	16-8-2008	Andhra Pradesh Grameena Vikasa Bank – Sangareddy	Practical exposure over the various banking system / procedures. Inclusive of opening bank accounts, R.D. Account and taking a Demand Drafts compare and contract with the commercial bank.
X & XII	Biology	16-8-2008	MNR Medical College, Sangareddy	Live models were shown for better understanding about the structure of the various human body parts like brain, heart, lungs, ovaries, 16 and 24 weeks babies, uterus, testes etc. This has enhanced the students interests towards the subject.
VIII	Geography & Physics	19-8-2008	Pochampadu Dam	Location of the dam, function of the dam; how the water is stored and regulated; Generation of Electricity – working of the turbines and uses of stored water.
XI & XII	Chemistry	22-8-2008	Aurobindo Pharma Ltd., Unit-1, Boratla	Students understood various procedures and processes involved in the preparation of medicines. Also understood how the organic compounds are useful in the preparation of medicines.
VII & VIII	History & Civics	10-9-2008 & 11-9-2008	Vidya Bharat Nirman Exhibition at Gajwel	Visited the exhibition organized by the Government of Andhra Pradesh. Students came to know various Departmental Programmes of State and Central Governments

Workshop by ICSE / ISC Schools Association Intel Teach Training Programme

S.No.	Date	Venue	Organisers	Subject	Topic(s) of the Workshop	Teacher representatives from ABHYASA	Resource Persons
1	21-4-2008 22-4-2008 23-4-2008	Glandale Academy Hyderabad	Glandale Academy Hyderabad Programme: Intel Teach Programme (Project-based)	Teaching-learning using internet technology A Project-based learning	21st Century Skills. How to interact with each other (Blogging) through Online	Mrs. Mahananda Mr. Tarun Kumar Mahapatra	Trainer: Mrs. Sudha Priyadarshan, Intel A face-to-face training programme

CfBt Workshop

S.No.	Date	Venue	Organisers	Subject	Topic(s) of the Workshop	Teacher representatives from ABHYASA	Resource Persons
2	29-5-2008	CfBT Head Office, Saifabad, Hyderabad.	CfBt	Decision Making for Princial, Vice-Principal, along with Mentor, Deans, All the HODs	Decision Making; Quality work.	Principal Vice-Principal School advisor Two Deans HOD's English, IInd language, Maths, Sciences, Humanities, Games & Sports Grama Seva Co-ordinator	Ms. Anitha and Mr. Prasad.
3	5-6-2008	Abhyasa Residential Public School, Toopran	CfBt	Goal Setting & Realisation of Goals	Personal, Dept., wise and Institutional Goal setting and Realisation of the set- goals.	All the academic, supporting staff members along with deans, mentor and the Principal	Ms. Anitha

CfBt Workshop

S.No.	Date	Venue	Organisers	Subject	Topic(s) of the Workshop	Teacher representatives from ABHYASA	Resource Person
4	6-6-2008	Abhyasa Residential Public School, Toopran	CfBt	Innovative Teaching Methods - Reg.	Innovative Teaching Methods; Micro Teaching and Time Management	All the academic, supporting staff members along with deans, mentor and the Principal	Ms. Anitha

INSAI Workshop

S.No.	Date	Venue	Organisers	Topic(s) of the Workshop	Teacher representatives from ABHYASA	Resource Person
5	9-6-2008 (9 am to 6 pm)	Abhyasa Residential Public School, Toopran	INSAI	Success in profession Communication Skills Lesson Plans Transaction Analysis How to analyse the needs of children How to attract public... Activity based workshop	All the staff members along with the management of the school.	Mr. Kota Shiva Kumar

CII Workshop

S.No.	Date	Venue	Organisers	Subject	Topic(s) of the Workshop	Teacher representatives from ABHYASA	Resource Persons
6	12-6-2008	Abhyasa Residential Public School, Toopran	CII	Goal-Setting	Goal Setting - Individual Personal, Department Wise.	All the HODs and Members of all the Departments - Academics	Ms. Chithra from CII, Bangalore.
7	12-6-2008 & 13-6-2008	Abhyasa Residential Public School, Toopran	CII	Goal-Setting	Goal-Setting Institutional and Dept. wise goal setting, action plan & measures for checking.	Principal, Vice-Principal, Deans and the supporting Staff	Ms. Chithra from CII, Bangalore.

Inservice for Staff Training Workshops between June & October - 2008

Workshop by ICSE / ISC Schools Association

S.No.	Date	Venue	Organisers	Subject	Topic(s) of the Workshop	Teacher representatives from ABHYASA	Resource Persons
8a	8-8-2008	Johnson Grammar School (I.C.S.E.), Habsiguda, Hyderabad	Association of ICSC/ ISC Schools, A.P. Region Hyderabad	Languages - English	Setting of question paper; marking scheme and LSRW skills Evaluation	Mrs. Sathya Vani Ms. A.K.Shaheen	Mrs. Rini Dutta Mrs. Renola (St.Josephs High School, King Kothi, Hyderabad)
b	8-8-2008	Johnson Grammar School (I.C.S.E.), Habsiguda, Hyderabad	Association of ICSC/ ISC Schools, A.P. Region Hyderabad	Humanities - History & Civics	Setting of question paper; teaching techniques; writing the examination (by students) and marking scheme.	Mr.P.R.Channappa	Mrs. Usha Dham
c	8-8-2008	Johnson Grammar School (I.C.S.E.), Habsiguda, Hyderabad	Association of ICSC/ ISC Schools, A.P. Region Hyderabad	Physics	Introduction; Syllabus; Paper Setting; Numericals and Evaluation Techniques	Mr. V.N.S. Sai Ram	Mr. K.N. Thomas (Ex-Council Member, ICSE Board)
d	8-8-2008	Johnson Grammar School (I.C.S.E.), Habsiguda, Hyderabad	Association of ICSC/ ISC Schools, A.P. Region Hyderabad	Chemistry	Specification about key words; avoiding 1/2 mark, Practicals – importance; basics to teach at 8th Std - level; balanced reactions; spelling mistakes to be avoided.	Ms. K. Puja Kumari	Mr. M.P.K.Wilfred and Ms.Vijaya Gowri (Johnson Grammar School)

Workshop by ISCE / ISC Schools Association

S.No.	Date	Venue	Organisers	Subject	Topic(s) of the Workshop	Teacher representatives from ABHYASA	Resource Persons
e	8-8-2008	Johnson Grammar School (I.C.S.E.), Habsiguda, Hyderabad	Association of ICSC/ ISC Schools, A.P. Region Hyderabad	Mathematics	How to make concepts clear; syllabus preparation at various levels; common errors and rectifying the same.	Mr. A.S. Dilip Ms. M. Aravinda	Mrs. Radha Ramani
f	8-8-2008	Johnson Grammar School (I.C.S.E.), Habsiguda, Hyderabad	Association of ICSC/ ISC Schools, A.P. Region Hyderabad	General Science	Suggestions for creating a good syllabus; reinvigorating the pedagogical tool box; focus on content; new knowledge production - Reg.	Mr. P.A. Andrews Ms. Kavitha	Mrs. Rajani Yepuri (St. Ann's High School) Mrs. Jyothisna (Johnson Grammar School)

So long then... We'll be back with more chirpy chirps from Katya's Korner. Have a rocking vacation!!!

This is Veena Venugopal & CVK Sastry Signing off...

Wishing all of you a Happy Dussera and Prosperous Diwali.





NEWS LETTER



RESIDENTIAL PUBLIC SCHOOL
TOOPRAN

Perfection through Practice

OCTOBER 2008

Volume: I Issue: I

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Principal

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FROM THE PRINCIPAL'S DESK

*Recently, Abhyasa went beyond her borders at Toopran and looked at making a difference to the larger society. The first Youth Assembly at Hyderabad, was conducted on 12th & 13th of September 2008, where more than 200 participants across colleges & universities, attended the deliberations. The aim of the youth assembly, is to make social responsibility **the most happening thing** among the youth of our country. That is precisely the reason for declaring the theme of the Youth Assembly as 'Celebrating Service'.*

*Actually, while I interact with my alumni, I realize that social responsibility and community service does not have enough recognition across colleges & universities in India - especially among the youth, who constitute more than 50% of our population! The youth in our country is oriented only towards success, winning and enjoying. The objective of our endeavor is to sensitize the youth to share their joy, while they enjoy! We want to make the youth experience success, while helping others to succeed. Success is often perceived as a long-drawn struggle achieved somewhere or sometime in life. But the moment we empower another to succeed, we too succeed that very moment! Abhyasa aims to celebrate this success and thereby '**Celebrate Service**'. The idea of the Youth Assembly in Hyderabad, was the result of an inspiration at the United Nations, last year, where our student M.R.S.K. Chaitanya, received an award for his contribution to society through Abhyasa's Community Service Programme. Abhyasa believes in playing a bigger and more powerful game in creating many more Chaitanyas in Hyderabad... India... (and the World?) Next year, Abhyasa will honour 10 youth with an Excellence Award for participation in Community Service and Social Responsibility. Their success stories will also be celebrated in the media to inspire many more youngsters to make a difference to their world... And in the years to come, the youth of our country would be talking more and more about social responsibility.*

The commissioning of the INTERACT Club at Abhyasa has also connected our students with the larger global community... definitely, a step in realizing our long term vision of 'Samasta Lokah Sukhino Bhavantu' ... May all the worlds be prosperous and happy.

- Vinayak Kalletla
Principal